



LET'S PLAY

SHINNY!



THIS IS FUNTEAM ALBERTA'S APPROACH TO CANADA'S FAVORITE PASTIME

This document will provide a simple breakdown on how FunTeam groups and its members can enjoy hockey and minimize the barriers surrounding the sport so athletes of all ages, skills and experience can have fun!

This playbook, paired with the FunTeam **FUN-DAMENTALS** will provide the structure for any parent volunteer to successfully run a FunTeam program for their community.

#KEEPITFUN



FUNTEAM PRINCIPLES

A SUCCESSFUL FUNTEAM GROUP INCORPORATES THE FOUNDATIONAL PRINCIPLES OF FUNTEAM AS REGULAR PRACTICE WITHIN THEIR OPERATIONS. HERE ARE SOME WAYS THAT SHINNY HOCKEY CAN ADOPT THESE PRINCIPLES:



LOW COST

1. If possible, look at renting outdoor ice or gym space. Both offer a more affordable option to renting ice.
2. Split the ice with multiple teams -Especially if there are younger participants.
3. FunTeam Alberta provides jerseys in four colours for \$15 each.

FOCUSED ON FUN

1. Shinny means you can put your own twist on the “traditional” structure of hockey.
2. Use the “**Focused on FUN**” document to organize a standard for practices all members can recognize.

INCLUSIVE

1. Equal playing time is achieved through games and not having the participants sitting on the sidelines.
2. Use a next-player-up approach! Regardless of the position, send the next player out without needing to run lines.
3. Allow for as many opportunities for the kids to participate by having lots of pucks and additional nets for more shooting opportunities.

FAMILY ORIENTED

1. Parents are encouraged to be on the ice with their kids, helping them learn and being a role model to others.
2. Commitment level should only be 1-2, 60-minute sessions per week.
3. Families can enjoy FunTeam activities as complementary to their daily lives. There is no fundraising requirement or travel expectations.
4. Coaches are volunteers that don't require previous experience.

PLANNING A SESSION

WARM UP

Two or three warm-up activities should allow the players to get prepared for the rest of the session. Goalies should participate in all the warm-up drills – they also need to become good skaters and have to be well stretched before the shots start coming!

GAMES

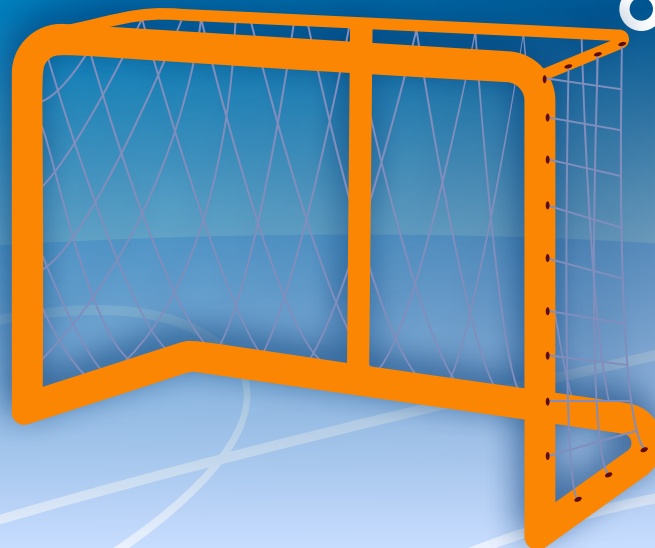
Young players often believe that playing in a “formal” game is the only way to get better. However, in a hockey game players rarely have control of the puck and are able to practice their skills. By including these enjoyable games, Group Leaders ensure that all players have the opportunity to work with the puck in challenging yet stimulating environments.

SCRIMMAGE

This is the time that the players have been waiting for, but a great Group Leader has organized the hour session to prepare them well for the game and improve their skills!

WRAPPING UP

At the end of your session, provide positive feedback about the effort given throughout the different games. The players will always remember what is said last, so ensure they leave hearing about the positive aspects of their FunTeam experience.



RESOURCES



FUNTEAM FUN-DAMENTALS

Use these three guiding documents so you can fully understand the who, what, where, when and why that goes into managing a successful **FUNTEAM** group.

These documents will give you a clear outline on how to keeping the program's focus on being Affordable, Inclusive, Family Oriented and FUN!



COACHING WORKBOOK

This document was created for new coaches to get comfortable working with young athletes and creating a welcoming sports environment.



WARM-UP & GAME IDEAS

FunTeam sessions are going to be full of different games to improve a variety of different hockey skills.



KEEPING THE FOCUS ON FUN

This is a document that can help FunTeam volunteers and parents increase the level of enjoyment participants have when they get involved with a FunTeam activity.



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